

League: Midlothian Amateur Baseball Association – Baseball Game Pitch Log

Team: _____ Opponent: _____ Date: _____

Pitcher's Name	Uniform Number	League Age			Cross out the number as that pitch is thrown. Circle the number for the last pitch thrown in each half-inning.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	

Pitchers must adhere to the following rest requirements:

- 66 or more pitches in a day: four (4) calendar days of rest
- 51-65 pitches in a day: three (3) calendar days of rest
- 36-50 pitches in a day: two (2) calendar days of rest
- 21-35 pitches in a day: one (1) calendar day of rest
- 1-20 pitches in a day: zero (0) calendar days of rest

8/9u Modified (65 pitches per day)

9u-10u (75 pitches per day)

11u-12u (85 pitches per day)

13u-14u (95 pitches per day)



Pitcher Eligibility Tracking Form

League: _____ Division: _____ Team: _____

DATE OF GAME	PITCHES THROWN	PITCHER'S NAME	UNIF. NO.	LEAGUE AGE	TEAM MANAGER'S SIGNATURE*	OPPOSING MANAGER'S SIGNATURE*	SCOREKEEPER/UMPIRE SIGNATURE*	ELIGIBLE TO PITCH AGAIN ON (DATE)

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